



Project Iris – Growing Hope

Meet the team

Maria Webster – Mental Health Support Lead

Maria is the Lead for Project Iris and will be working very hard with the team to make sure you feel safe and comfortable when at the sessions. Marie described her superpower as resilience meaning she's pretty gritty and likes to persevere with things. She's also very good at relaxing which can be just as important! Maria is also a really good listener and says a pretty good talker too.



Cerys Edwards – Green therapies support

Hi, my name is Cerys and I love helping others unlock their creativity and express themselves! I really enjoy being outdoors and doing art myself so I feel like I'm in my natural habitat at Project Iris, it is an honour that I can share this joyful experience with our lovely attendees, I hope you will feel just as comfortable and safe in our wonderful space as I do!



**Maria, Cerys are there to help you so
please do go to them if you are worried or
unsure about anything**